

Garboldisham Cricket Club – Sun Safety.

Garboldisham Cricket Club (The Club) feels it necessary to raise awareness of the importance of wearing sun cream whether members are taking part or just spectating. Especially when it comes to the children \*.

(\* The word children should be taken to mean all persons under the age of 18)

* Even on a overcast/cloudy day it is advised by the club that sun cream is worn. As outdoor summer sports can mean especially children as well as adults can be subject to ‘prolonged sun exposure’.
* Coaches and manages are required to highlight the importance of wearing sun cream ( factor 30 or above) , hats and to make sure children cover up.
* If parents/carers require more information on sun protection then they should visit [www.oksunsafetycode.com](http://www.oksunsafetycode.com) .
* When it comes to applying sun cream to children if the child is unable to do so themselves then parents/carers will have to apply sun cream.



(Created April 2016)